

Southern California Art
Therapy Association
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Los Angeles, CA 90025
www.socalarttherapy.org
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American Art
Therapy Association
4875 Eisenhower Avenue,
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Alexandria, VA 22309
888-290-0878
www.arttherapy.org

Art Therapy
Credentials Board
3 Terrace Way
Greensboro, NC 27403
877-213-2822
www.atcb.org

California Board of
Behavioral Sciences
1625 N Market Blvd.,
Suite S-200
Sacramento, CA 95834
916-574-7830
www.bbs.ca.gov

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P.O. Box 25754
Los Angeles, CA 90025
Address Correction Required



Affiliate of the
American Art Therapy Association



Serving its members and the general public by supporting standards of professional competence and developing and promoting knowledge in and of the field of art therapy within Southern California.

www.socalarttherapy.org

What Is Art Therapy?

Art therapy is a mental health profession that uses the creative process of art making to improve and enhance the physical, mental and emotional well-being of individuals of all ages. It is based on the belief that the creative process involved in artistic self-expression helps people to resolve conflicts and problems, develop interpersonal skills, manage behavior, reduce stress, increase self-esteem and self-awareness, and achieve insight.*

Who Is An Art Therapist?

Art therapists are professionals who hold a minimum of a master's degree in art therapy or a related field with specialized training in art therapy. They are skilled in the use and application of many forms of art and the use of many art materials (drawing, painting, sculpture, and other media) for assessment and treatment.*

Registration and Board Certification in art therapy are administered by the Art Therapy Credentials Board, Inc.

*from: www.arttherapy.org



Who Is Helped by Art Therapy?

Art therapy is used with children, adolescents, adults, older adults, groups, families, armed services veterans, and people with chronic health issues.

Art therapy is used to assess and treat a number of behavioral health issues including - anxiety, depression, ineffective coping skills and other behavioral health and emotional problems; substance abuse and addictions; family and relationship issues; eating disorders; domestic violence; trauma and loss; physical, cognitive, and neurological problems; and psychosocial difficulties related to acute or long-term medical illness.



SoCalATA Region:

The Southern California Art Therapy Association (SoCalATA) is a 501(c)(3) non-profit chapter of the American Art Therapy Association.

SoCalATA serves its members and the public who reside in Los Angeles, Orange, Ventura, Santa Barbara, San Luis Obispo, Kern, Riverside, San Bernardino, San Diego, and Imperial Counties.

Membership Info:

For a full description of our membership categories and requirements, please visit our website. If you have questions about membership in SoCalATA, please email us at: info@socalarttherapy.org.



Website
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